

Timeless Transformations

Daily Inspirations – April 2022

(Daily Inspiration) Our world is massive. It's easy to fall into the trap of feeling small, when we feel like no matter how much we do; it may never be enough. Finding ways to climb out of this slump is key if we want to stay energized and focused. Maybe remembering this smallness is a trigger for us to see how connected we are. Our thoughts and actions affect the whole universe, and especially with those that we love the most. Let us feel big in the vastness of the universe and focus on the one thing that matters most today.

(Daily Inspiration) Influential people are hopeful. Everything we do and expect is based on hope. Once we choose hope, everything becomes a possibility. To have hope, we must see a future. We must trust there is a path to our future with a goal guiding us in how to get there. Then we must be confident that we can get there by accomplishing our goal. The formula is simple if we truly have hope and believe we can make a difference. We can never lose hope. Let us radiate high-hope and know our actions matter today.

(Daily Inspiration) When we make an investment in ourselves, we demonstrate to others and ourselves that we are excited about our future. That investment then pushes us to align our thoughts and actions towards doing whatever it takes to make it happen. When that becomes our focus, we crave the result and become unstoppable. There's nothing more exciting than to know exactly what we want. Let us empower ourselves so that we may grow to be the person we are destined to be today.

(Daily Inspiration) Have you ever noticed what compelling people do? These are the kind of people that capture our attention, and we don't even know why. We trust them because they are believable. We are drawn to them because they are like a magnet. They are calm because they are confident. They are articulate because they are prepared. They care about others but just as important, they care about themselves, and it shows in their image. Let us achieve our goals by being mesmerizing today.

(Daily Inspiration) Easter is meant to be an icon for renewal. It gives us hope for new life, not just one time a year but every day! The easter egg symbolizes breaking out of a hardened shell and setting ourselves free from limiting thoughts. Each of us has the capacity to rise up from feeling like we may be dead (lifeless). Let us resurrect new life within us today.

(Daily Inspiration) If we are trying to be better and create a new version of ourselves, why would we hang out with the same old people? The type that continues to complain, make excuses, live in the past, not move forward, and grow? Then we turn it around in our mind and feel guilty about our success and feel bad for them. Why not hang out with people that fit into our future? Let us gravitate towards people in the right places and doing the right things today.

(Daily Inspiration) In every situation, we are dealt a hand of cards. Some cards are good, others are scraps. We may not be able to change the cards, but we can change how we play the game. We can be a player and make moves based on other's strategies, or we can be the game changer by leading, influencing, and bringing new strategies that set us apart from the other players. Then we change how the game plays out in the end. Let us make the most of our card deck and be a game changer today.

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(Daily Inspiration) When we combine our greatest effort with our greatest strengths, we achieve great things. The equation is hard work and best effort + natural talent = maximum results. Focusing on our strengths and finding more ways to use them is far more effective than wasting time and energy trying to improve our inabilities. No matter how hard we try, we may not be able to improve our weaknesses, so our success is minimal. Today, let our greatest opportunity for success be found in doing what we are passionate about combined with what we are naturally great at.

(Daily Inspiration) The natural law of the universe is to give to the givers and take from the takers. Takers are of the scarcity mindset believing there is just so much to go around. Givers maintain an abundant mindset by seeing the world as plentiful where we can always create more value, wealth, and success. Givers give generously of time, relationships, and resources. Giving is never wasted because we are actually giving to ourselves, and we are blessed through the gifts we give. Let us be a go-giver and give big today.

(Daily Inspiration) Our competition isn't with anyone else but ourselves. Our real competition is to beat down our ego, beat our bad habits, beat the temptation of comparing ourselves to others, beat the beating ourselves up for things that happened in the past... Why not compete against those things and leave everything and everyone else out of it? Why would we compare ourselves to someone else's today? We don't know what their personal journey has been in their past. Today, let us compare ourselves and compete against who we were yesterday.

(Daily Inspiration) Have you ever noticed when we are in a tough or treacherous situation, we hear a small voice that whispers, if it is to be it is up to me. That's the voice of success. It's like a switch. We can either shrink or step-up. We work a whole lot harder when we realize no one is coming to save us or no one knows any more than we do. Let us expand our tenacity in proportion to whatever it takes to overcome our greatest obstacles today.

(Daily Inspiration) An easy way to test our energy level is to ask ourselves, are we a thermometer or a thermostat? We are a thermometer if we change our energy level based on circumstance. Like, being around negative people, we allow them to bring us down. If the sun isn't shining, we lower our excitement. If we don't get what we want, we feel anxious. Why not be a thermostat, where we ignore the conditions and stick to high levels of energy no matter what. Let us set our energy temperature and be reliable and consistent by regulating our thermostat today.