

Timeless Transformations

Daily Inspirations – May 2017

(Daily Inspiration) Extraordinary people have bad days but when they do they don't carry it over to the next day or use it as an excuse to create more of the same. They learn from it right away, take action and become a better person the next day. Otherwise, a repeated mistake becomes a choice. That choice begins to steer the course of our lives down an ordinary path. Choose to put any mistake you make in the past and focus on a design strategy to improve today.

(Daily Inspiration) Creating the conditions around us is one of the easiest things we can do to contribute to our success. We take on the form of the surroundings we chose to place ourselves in. It's human nature to adapt to our conditions. When we intentionally design our environment that supports our highest values, we evolve into the person we want to become. Create the conditions that will create success for you today.

(Daily Inspiration) Being with others that brings out the best in us is priceless. There's nothing like being with another that "lights us up" and "feels us up" and makes us feel like we can do anything or be anyone. But the relationship must be in balance. It will tilt towards empty if we always need to be filled up by someone else. Our worthiness and value comes from within. Fill up your own tank so you have more to give rather than be concerned about receiving today.

(Daily Inspiration) People come into our lives for a reason, a season, or a lifetime. They can show up as a life blessing or life lesson. Maybe they cross our paths as a coincidence or maybe it was just meant to be. Just when we don't expect it, in a split second, they can either walk in or walk out. Whatever the case is, accept the lesson, love the person, and learn from the relationship today.

(Daily Inspiration) Things we do for ourselves is gone once we are gone. The things we do for others is eternal. What we accomplish at the end of our lives is not as important as the moments we share, the decisions we make, the actions we take, and the mistakes we overcome. We are building blocks that accumulate wisdom with each new experience, untested by those before us. Know that each time you share and inspire others today, you strengthen your impact.

(Daily Inspiration) If we are not getting the results we want, look inside. If we want something different, improve ourselves. It doesn't matter what's going on all around us. All that matters is what's going on inside of us. Most everyone else is an inner mess anyway. Focus on yourself and let everything else fall into place today.

(Daily Inspiration) LIFE is Living Inspired and Fulfilled Everyday. That is easier said than done. The best way to do it is to cultivate the power to choose our thoughts just like we choose what to wear in the morning. One of the few things we can control is our mind. If you are going to control anything today, control your LIFE by the thoughts you process in your mind.

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(Daily Inspiration) Our circle of influence is the group of people that we surround ourselves with or spend the most time with. They influence our life and we influence theirs. They have a lasting impact on us. They can weigh us down or pull us up to a higher level. To upgrade our circle of influence we must seek out the type of people we want to become and connect with them. If you want to upgrade your circle of influence, start today by upgrading yourself.

(Daily Inspiration) When we observe a successful person we only see what the public recognizes. We rarely observe the private sacrifices that it took a person to reach their success. True success is an inside job. The private victory of success always occurs within a person first, before anyone else recognizes it. Develop yourself first then clear the limiting factors in your own life so you can be successful in your public life today.

(Daily Inspiration) Our level of success in every area of life runs in parallel with our level of personal development. If we want 100% success, we must develop ourselves at a 100% in that area. What we get by achieving 100% success is not as important as what we become by achieving 100% success. Measure your success by the number of obstacles that you had to overcome today.

(Daily Inspiration) Those that believe in magic in their lives are the ones that miraculously experience it. Magic happens when we use our intention and vision then aligned it with our highest values. Magnificent things start to happen. Magical moments are like a magnet. We start attracting even more magic into our lives. Be in awe in moments of synchronicity and know that magic is happening in your life today.

(Daily Inspiration) Nothing in our life is guaranteed. That's why life is so exciting! We can be guaranteed is that we get back what we give. If we give 100% of our time, attention, and energy to anything, that's what we get back. When we give all that we have we are guaranteed to get back all that we need. Be guaranteed that you are ready at any moment to step into what you are becoming today.

(Daily Inspiration) Never look at a dream and not pursue it because it seems so big it can't be accomplished. All we have is time and it's going to pass by anyway. Our dream is realized during the valuable experiences found in the pursuit. When your dream is big enough there are many small achievements to celebrate along the way. Use your small successes to push you through to the next goal of your dream today!

(Daily Inspiration) A tragedy will make us reexamine our lives quicker than anything else. It takes imagining how our lives would be without something before we realize how valuable it is to us. We really don't know how good it is until it's gone. One of our biggest mistakes is assuming important people will just be there for us so we don't put out any extra effort. Appreciate what you have today before time makes you appreciate what you had yesterday.

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(Daily Inspiration) If we want anyone to respect us, we must add value. Otherwise we are just dead weight. Look at anyone that is the best at what they do. They all have one thing in common – they add value. When we add value we become more valuable and create success for ourselves. Focus on adding value first and don't worry about how it is going to come back to you today.

(Daily Inspiration) When we work hard at whatever we want to accomplish we become good at it. When we are good at doing something, it becomes more enjoyable. When we enjoy doing something we become more passionate about it. When we are passionate we work even harder to become the best at it. That is when success follows. Enjoy your work and let passion lead you to great success today.

(Daily Inspiration) Don't hesitate when investing energy, time, and money in yourself. There is a time and a place to put other's needs before your own. When you do, make sure it's not an excuse. There is nothing more important than your personal growth. Successful people understand the payoff, not only for themselves but others they care about. Say "I'm worth it" to yourself today.

(Daily Inspiration) Sad but true there is no magic bullet for quick success. Making small improvements every day over time creates success. Plan for the future but each morning, focus on this day, in every way, get better even if it's just 1%.

(Daily Inspiration) Steer clear from two types of self-limiting people: the ones that believe we can't move past the situation we are currently in, and the ones that think we can only go as far as the situation we were born into. These types of people are limited by their awareness, emotions and experiences. Their mindset is shaped by how they view the world or a situation in a limited way. Where possible, opt to interact with those that are limitless today.

(Daily Inspiration) If we commit to nothing, we will be easily distracted by everything else. If we don't commit to something, someone else will. When we are 100% committed, there is an energy that surrounds us that others will sense. People love being around passionate, 100% committed people. They will be ready to help us because we are worth their time. Be 100% committed today!

(Daily Inspiration) Some things in our life are priceless. These are the special things we can't even give a value. We know these things because we would give up everything for them like our relationships, health, integrity, personal values.... We can't put a value on our personal values. We just can't exchange something that is priceless for a price. If something is valuable to you know that everything else is a distraction from what really matters to you today.