

## **Timeless Transformations**

### ***Daily Inspirations – July 2017***

(Daily Inspiration) When we let the judgment of others determine the course of our life we limit ourselves. When we are sure about our life's purpose and committed to that, the opinions of everyone else is background chatter as we move through our day. Don't let the noise of others' opinions squelch your success today.

(Daily Inspiration) How we speak and treat others is the way we look at the world. It's a reflection of how we inwardly speak and treat ourselves. Most of the time, a person who thinks nothing is ever good is the one who treats others the worst. Their discontent with themselves makes them discontent with everyone else. Remind yourself to be the kindest, most inspirational person that you can be today.

(Daily Inspiration) Having an abundance mentality isn't about having a lot of material things. Is more about having a perspective that we have enough. It's where we believe we are empowered to create more value or wealth whenever and wherever we desire. This mindset lends itself to a generous atmosphere where we give and receive seamlessly. Let all of your actions today reflect abundance and prosperity today.

(Daily Inspiration) A thermometer measures the temperature of our environment. If it's cold the temperature of the thermometer goes down. If it's hot the temperature goes up. It just reacts. A thermostat is controlled. We can adjust it and it manages the temperature of our environment. Would we rather be a thermometer that reacts or a thermostat that manages? Choose to be a thermostat and regulate the temperature going on inside you today.

(Daily Inspiration) Most people wake up every morning and do what they believe they have to do not what they want to do. We all have things to do. We go places, we work through our assigned tasks, we have responsibilities, we live up to other people's expectations, we take care of other people, and we get things done. When we wake up realizing that anything we do is our choice, our day shifts into genuine enthusiasm. Your willpower is the highest when you wake up. Make the right choice for yourself and start strong today.

(Daily Inspiration) When we accept 100% responsibility for everything in our lives is when we claim the power to change. There is no one we can blame for anything. Accepting responsibility is about being committed to improvement. Blame is about finding fault. Fault doesn't matter. All that matters is that we are responsible in having the "ability" to "respond". Commit to improvement and create the conditions you want in your life today.

(Daily Inspiration) Ordinary people seek entertainment. Extraordinary people seek education. When we make time to focus on learning it puts us in the zone to perform at our highest potential. When our days are busy, it might seem overwhelming to make learning a priority. But, that's the only way we can evolve and move towards our vision. Carve out time in your busy schedule to focus on your personal growth today.

(Daily Inspiration) The great thing about life is that we are always changing. Our thoughts extend and reshape our minds. Our view about everything is constantly integrating new information. As we gain new experiences, learn new things, and surround ourselves with different people, we become a new person. Because these changes happen day by day, we often don't notice that we are changing. Continue to move forward creating new connections and reshape how you show up in the world today.

(Daily Inspiration) Some of us are just dreamers. Some of us are dreamers and take action to fulfill our dreams. Successful people do both. When we take steps forward to follow our dreams, we are regularly shocked at what we are able to accomplish. We are proud of what we do and we don't let anything stop us. Feel energized and excited about your dreams and watch them come true today.

(Daily Inspiration) If we are spending time pursuing goals that aren't taking us where we want to go, we need to ask ourselves why. Any misalignment between our goals creates conflict and emotional distress. Most likely the aim of one goal is hindering us from achieving other goals. Unless our goals have deep personal meaning and are clearly aligned, our chances of success are slim. Waste no time on anything that isn't taking you where you want to go today.