

Timeless Transformations

Daily Inspirations – January 2018

(Daily Inspiration) There's nothing better than feeling like we are doing our best work. It's when we feel like we are fire and are making a huge impact. That's when we feel the most powerful. Finding ways to step into that zone and stay there is key to our success. That key is doing the thing we are passionate about and aligning all of our strengths around it. Use your power where it matters most today.

(Daily Inspiration) When we are living in alignment with vision our and values we never have to justify or defend ourselves because we are consciously aware of who we are and what we are doing. This attitude vibrates confidence. Create your own vibrational frequency today and move forward.

(Daily Inspiration) Most people spend their time on urgent and trivial things. This creates the condition of being reactive rather than proactive. We will never have enough time to do everything so we must choose carefully. How we use our time tells it all: it's what we feel is important to us. Spend your time on your personal agenda today.

(Daily Inspiration) The greatest leadership ability is to build a team of people where we can influence their actions and they work together while achieving our desired results. We influence teams when we care, when they feel like they belong, and they feel have a greater mission. If there is not a clear path for your team to be successful, use your influence to make one today.

(Daily Inspiration) An influential person realizes that great achievements happen when a focused team is available for support. It requires that we develop unique connections with people with special skills that we need. Synergy occurs when our relationships are mutually beneficial. Those with a special niche are the ones that we exchange favors with. This gives us the power to focus on our goals and we help them focus on theirs. The better the team, the better collaboration and the greater goals we can achieve. Let your "network" of teaming being your "net worth" today.

(Daily Inspiration) When we experience success, one of two things usually happen. We are really proud of ourselves and we keep thinking about it over and over in our minds, and we tell everyone about it. Or, we think about it as a step towards a larger goal, reflect on what we can do better the next time, and consider it as a personal victory not needing to gain approval from others. Acknowledge what makes you great and self-congratulated yourself today.

(Daily Inspiration) It is unrealistic to assume another person sees our life through their filter or we see them through ours. We can't understand what anyone else is experiencing. There's no way to suit up in another's skin. No one else can understand what we are experiencing either. We only see our life through our own filter. Open the door to effective communication by turning off your assumption filter today.

(Daily Inspiration) True leaders don't wait on anyone. They initiate. They reach out to others, they ask the right questions, they propose their ideas, they make recommendations, and they are willing to help. They are active not passive. They position themselves on the offense never the defense. They don't require instructions. They just get the job done and move forward. Their significance and results are obvious. No explanation is needed. Be an initiator today.

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(Daily Inspiration) Most people are consumers of other people's success. They spend their time reading online information, watching TV, listening to podcasts, reading books that others have written. Highly successful people are creators. They are coming up with new ideas and creating new tools and presentations. They are the ones that are designing, initiating and shaping the future. Be a creator rather than a consumer today.

(Daily Inspiration) It's easy to get drawn into the drama and chaos that goes on during the day. In the midst of it all we can either get sucked in or we can step out of the madness and stay centered. Successful people possess a power of control and self-awareness. Don't let anyone sap your peace and energy. Be a light for others to follow today.

(Daily Inspiration) While living in the present is a great thing, having something to look forward to is inspiring. It creates an energizing sense of anticipation. Whatever you are looking forward to today, set an expectation to achieve it!

(Daily Inspiration) How we start the day in a nutshell determines how we create our lives. There's too much life to be lived to snooze the day away. When we wake up and hit the "seize" button in our minds rather than the "snooze" button on our alarm, we are welcoming the day with a purpose, with passion, and a plan. Seize the day and create the day in the life you desire and deserve.

(Daily Inspiration) One great life lesson is to know we need to shake up our routine every once in a while. When we do the same things day in and day out we most likely get the same results. Routines control our lives. Do something spontaneous. Gain a new perspective on the same situation. Be unpredictable. Welcome an unexpected opportunity just because. Shake up your routine and expect something different to happen today.

(Daily Inspiration) Optimistic people believe that great things are on the way, not in the way, and anything negative that happens is a challenge to overcome. Oblivious optimistic people may be overconfident and ignore the challenges, believing that "nothing bad is going to happen to me." Conscious optimistic people believe there will be challenges and if anything happens we will find a way to move through it and we will be better in the long run. Exude confidence by being consciously optimistic today.

(Daily Inspiration) Intuitive wisdom gives us the visionary power to create possibility. It is being highly perceptive in taking notice of the everyday nuances and seeing the extraordinary in what seems to be ordinary. When we make a connection with the coincidences that happen during the day we can make decisions faster. Intuition and wisdom are one of the few things that can't be automated or delegated. To bring certainty to your vision, be totally immersed in the world around you today.